

Housework Checklist Daily

- CLEAN ONE BATHROOM
AREA (ROTATE)
- MAKE BEDS & DO LAUNDRY
- HOOVER OR SWEEP KITCHEN
& ENTRANCE HALL
- CLEAN KITCHEN SURFACES &
DISHES
- SORT BINS AND RECYCLING

Housework Checklist Weekly



HOOVER, DUST & MOP
KITCHEN AND LIVING ROOM



CLEAN MICROWAVE AND
DISHWASHER



HOOVER, DUST & MOP
BEDROOMS AND EXTRA
ROOMS



CHANGE SHEETS

Housework Checklist Biweekly



CLEAN FRIDGE / OVEN
(ROTATE)



CLEAN EXTRACTOR FAN /
WASHING-MACHINE (ROTATE)



DO THE IRONING



CLEAN WINDOWS (ROTATE)

Housework Checklist Monthly

- DECLUTTER TOYS, BOOKS,
CLOTHES & PAPERS
- ORGANIZE AND CLEAN
OUTDOOR SPACE
- CLEAN CUPBOARDS AND
DRAWERS
- DEEP CLEAN BATHROOMS